



: 000000 000000

.00000000 000000 00000 00000 00 0000 00 00 0000 000000 000000 000000 00000000
0000 0000000 0 (00000000 000000) 000000000 00000 00 00000 00000000 00000 00 000000
0000 000000 00000 0 LDL 0000000 00 0000 00000 00000000. 0000 0000000 0000 0000 00000
0000 00000000 0000 0000 0 0000000000 00 000000 00000 00 000000 000000000 HDL 00 0000
.00000000 0000000 000000 000000 00 0000 00

: 00 000000 00000000

00000 00 00000000 0000 00000 00000000 00000 00000 00000000 0000 0000 0000000 0000 00
00000000. 0000 0000000000 0000000 0 00000 00000000 00 00000 00 0000 HDL 00000000
00000000 00000 0 HDL 000000 0000000 00000000 0000 0000 00000 00000000 0000 000000
00000 0000 3 00 0000000 0000 0000 0 0000 00 0000 000000 300 00 0000000 0000 00 00000
0000000 00 0000000 00000 0000 00 0000 00000 0000 0000000 0000 0000000 00000000. 0000
.000000 00 000000 00000000 00 00 000000 000000 0000 00000000 00 000000

: 000000 00000000 000000 00000000

0000 00 0000000 0000000000 0000000 00 000000 00000000 0000 0000000 00 0000 00 000000 00
0000000 00 0000000 0000 0000000 00 000000000 0000000 00 0000 00000 0000000 00000 00000
00000000 0000 0000 00000000 0 0000 00000000000 0000000 0000 0000 0000000 000000000
00000000 0000000 00 0000 0000000 0000 000000 00 00 0 000000 000000000 00000000 000000
.0000 0000000000

000000 000000 0000000000 000000 0 0000000 000000 000000000: 00 0000000000

00000000 0 000000 000000 00000000000000 0000000 :00000 000 0000

[illegible]

[The effect of magnesium supplementation on serum concentration of lipid profile: an updated systematic review and dose-response meta-analysis on randomized controlled trials](#)