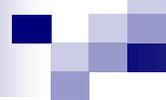


Scientific Writing in Medical Sciences

Payam Kabiri
Epidemiologist



Research Output

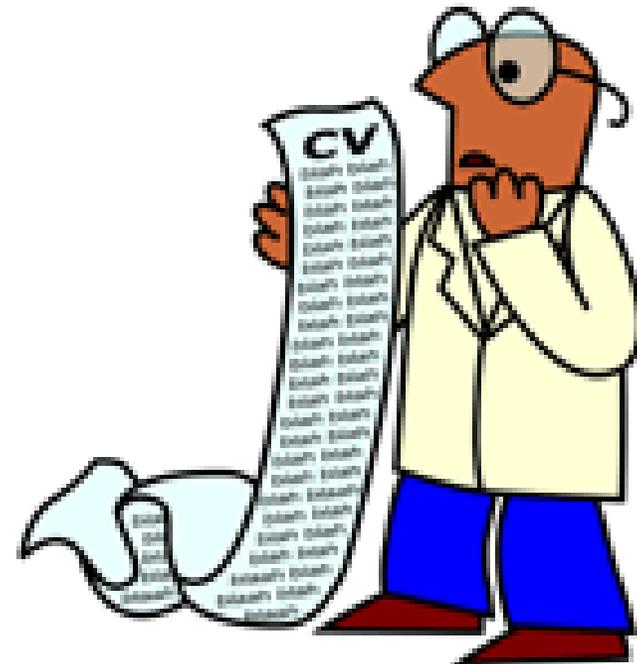
- Three different research output are expected from research proposals:
 - 1- Paper
 - 2- Patent
 - 3- Change

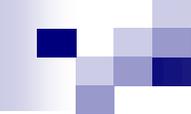
Why Publish?

- Knowledge contributions
- Ensures scientific rigor
- Allows feedback (improves work)
- Promotes career
 - Document productivity
 - Document impact on field/reputation
 - Advertises your lab for future trainees
- Improves chances of funding
- Fulfills an obligation (public monies)

Evaluating an Academic Person through his/her CV Papers

- Number of papers
- Rate of publication
- Quality of journals
- Position in list of authors
- Focus





The Art of Scientific Writing

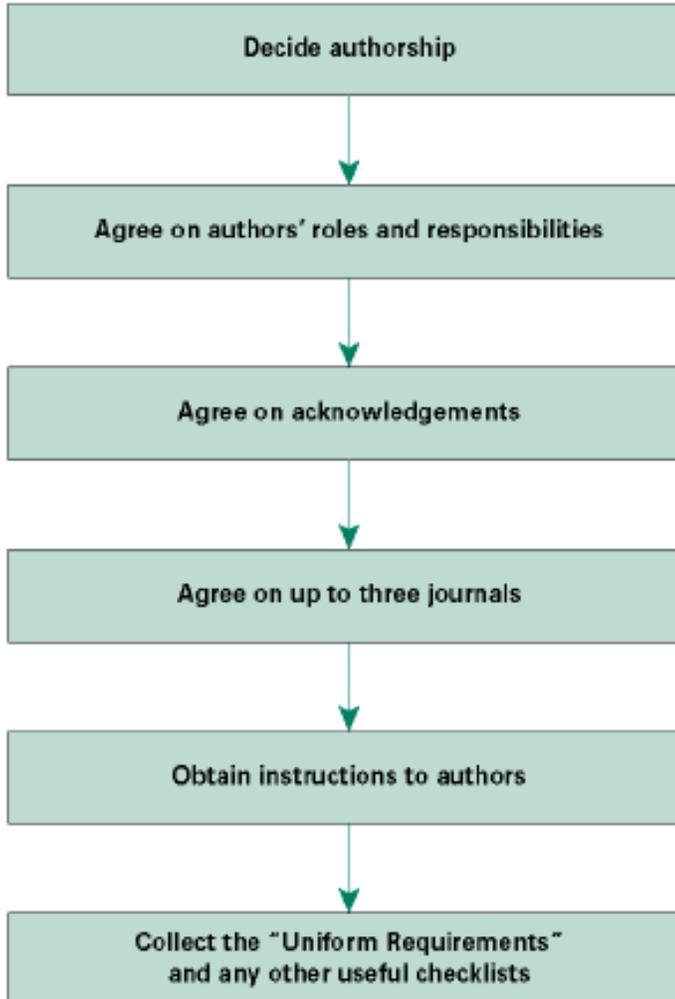
✓ Publish or Perish!



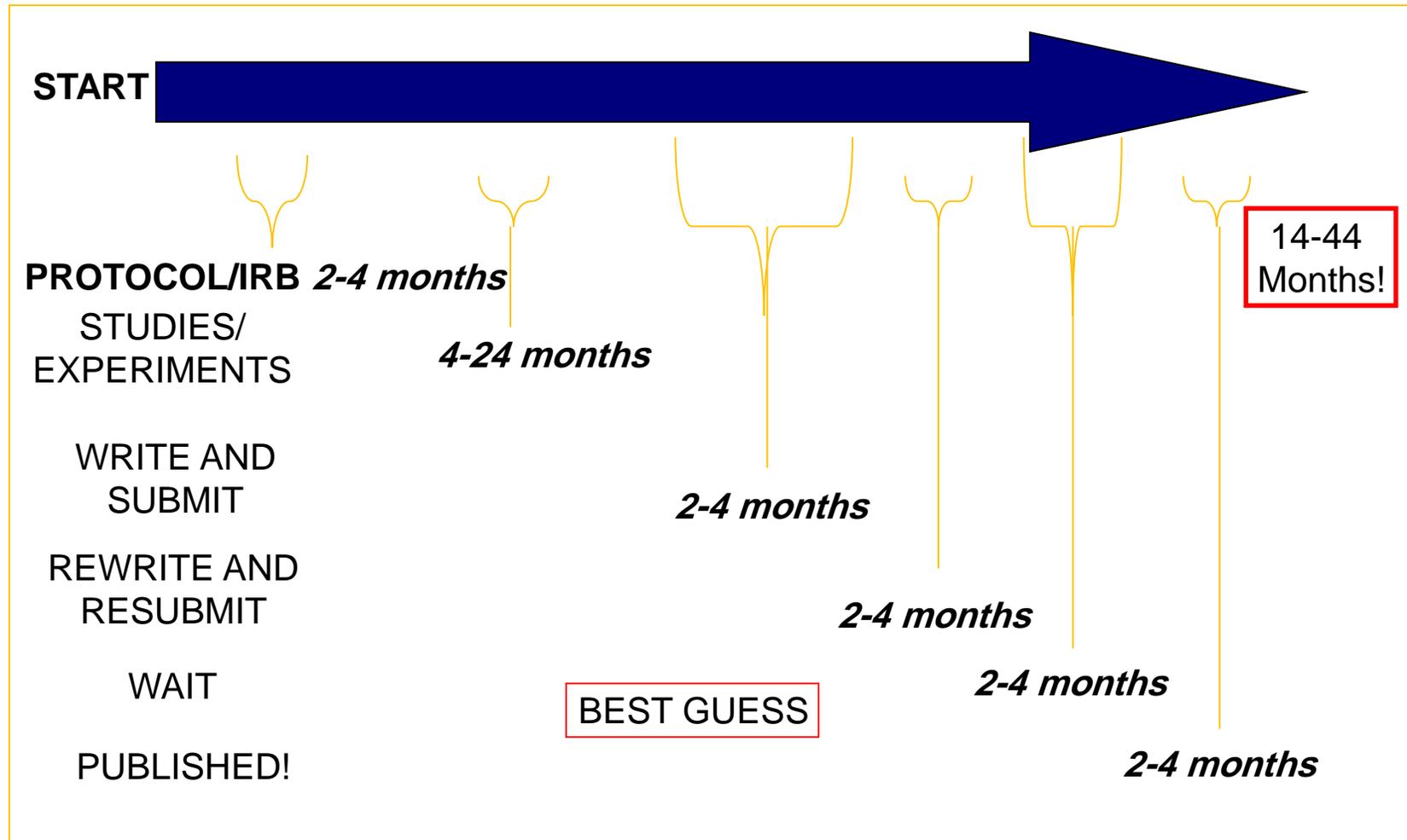
Steps in Scientific Writing

- Design well
- Decide politics
- Choose journal
- Read instructions to authors/papers
- Set framework
- Prepare drafts
- Distribute
- Polish
- Submit

Politics first!



What is the gestational period for a clinical science publication?



Types of Medical articles

- Original Article
- Review Article
- Case Reports
- Editorial
- Short Communication (short papers)
- Letter to Editor
- Personal Views



Letter to Editor

- Stick to the point
- State the problem, issue or hypothesis
- Give the context
- Outline your comment, solution, viewpoint
- Give a strong conclusion
- Note limitations



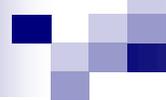
Editorial

- Write for your readership (broad?)
- Be controversial and thought provoking
- Being subtle is often more powerful



Short communication (paper)

- Increasingly common
- Concise introduction
- Present data and discuss it shortly
- Only a few tables or figures
- Number of words limitations



Is your paper a paper, a brief or a research letter?

- Easier to get letters & briefs accepted .
- They make you indexed easier !
- Decide whether you should submit it as a brief or letter firstly.

Case Reports

- Medical history of a single patient in a story form.
- Lots of information given which may not be seen in a trial or a survey.
- Often written and published fast compared to studies
- To be used as an educational source & tool.
- e.g. Thalidomide



The Traditional **IMRaD**

- I**ntroduction
- M**ethods
- R**esults
- D**iscussion

The Basic Structure of an Article

TITLE

(S)Summary (Structured Abstract)

(I) Introduction (What Question was asked?)

(M)Methods (How was it Studied?)

(R)Results (What was Found?)

(A)Analysis (How data was analysed?)

(D)Discussion (What Do the Findings Mean?)

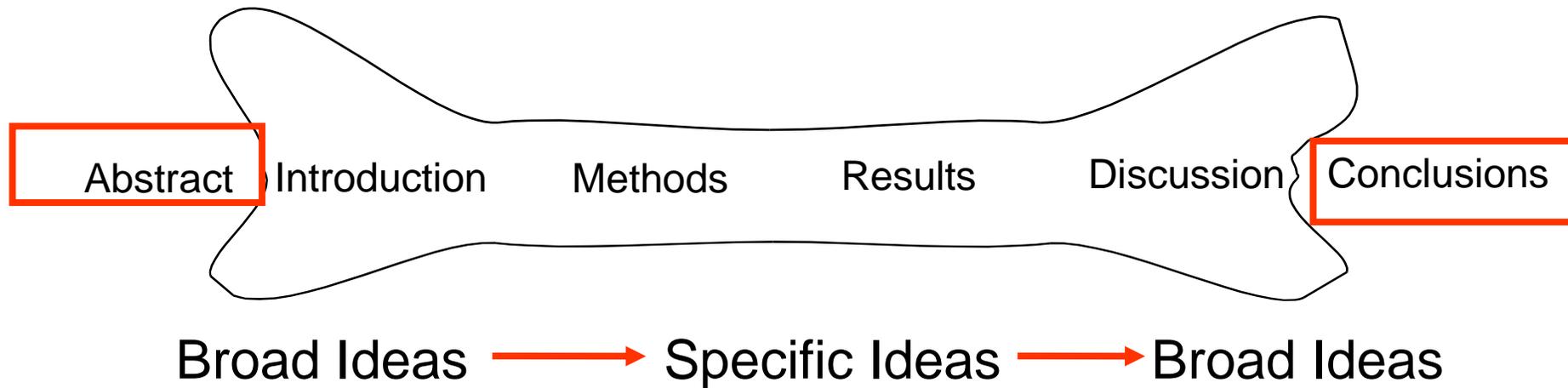
Acknowledgements

References

Main Components of an Article

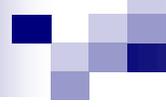
- **I**ntroduction: **W**hy did you start?
- **M**ethods: **W**hat did you do?
- **R**esults: **W**hat did you find?
- **D**iscussion: **W**hat does it all mean?

“Bowtie” Model For a Scientific Paper



A full paper may contain:

- Title
- Authors and Affiliation
- Abstract
- Keywords
- Introduction
- Methods
- Results
- Discussion
- Acknowledgments (optional)
- References



Initial steps

- 1-Understand the type of manuscript you are writing.
- 2-Re-evaluate your project.
- 3-Plan the sections and subsections you need.
- 4-Match your content to your readers' knowledge.
- 5-Keep information specific rather than general.
- 6-Write in plain language. Keep your sentences short.
- 7-Use tables, diagrams, flowcharts and graphs.



Order of writing?

1. Results
2. Methods
3. Introduction
4. Discussion
5. Abstract
6. References

Order of writing?

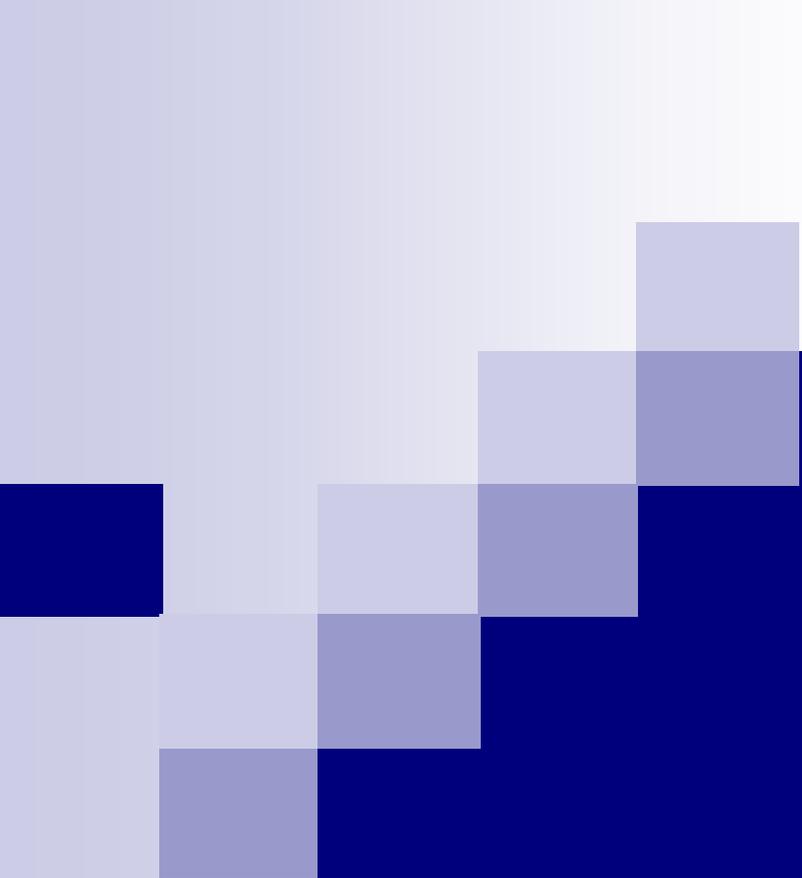
1. **Methods**
2. **Results**
3. Introduction
4. Discussion
5. Abstract
6. References

More Reading

- Hall GM, ed. **How to write a paper**. London: BMJ Publishing Group.
- **Advanced Writing**, Floresita V.Bustamante, SAMT
- **Essentials of Writing Biomedical Research Papers**, Zeiger
- **Scientific Writing Easy when you know how**. Peat J. BMJ Publishing Group. 2002.
- The Vancouver Group. **Uniform requirements for manuscripts submitted to biomedical journals**. www.icmje.org

Questions





Abstract

Abstract

- As its name suggests, abstract (*ab*, out + *trahere*, to pull) should select (pullout) the highlights from each section of the paper.

The Abstract

- The function of the abstract is **to provide an overview of the paper.**
- The overview should present the main story and a few essential details of the paper for readers who read only the abstract and should serve as both a **clear preview and a clear, accurate recapitulation of the main story** for readers who read the paper.
- Thus, the abstract should **make sense both when read alone and when read with the paper** .





Different Types of Abstract

1. **Structured** Abstracts
2. **Unstructured** Abstracts

Abstract

- Summarizes the **major findings** in the broad context of the work
- Consists of **two or three sentences** of topic introduction
- Selected results (not all but **the most important**)
- Concludes with implications of work

Abstracts

The abstract of a results paper should state concisely:

- the **question** that was asked,
- what was done **to answer** the question,
- what was **found** that answers the question, and
- the **answer** to the question.

Abstracts

- Most journals limit the length of the abstract (**usually to 250 words or less**) “Uniform Requirements for Manuscripts Submitted to Biomedical Journals”
- For **un-structured abstracts**, limit the abstract to **150 words or less**.
- If no limit is stated, make your abstract **no longer than the abstracts in recent issues** of the journal.

In summary:

- The abstract should provide an **overview of the main story** and a **few essential -details**.
- The abstract should be **clear** both to readers **who read the paper** and to readers **who do not read the paper**.



Abstract Writing

- Write the abstract as **one paragraph**.
- Use the **techniques of continuity** to make the paragraph flow. Use signals to indicate the parts of the abstract:
- **Signal** what you found by "**We found that**" or something similar.

Abstract Writing

- Signal the answer by "We conclude that" or "Thus" or something similar. Signal implications by "We suggest that" or something similar.
- The question and what was done can usually be written in one sentence in "the form "To determine X, we. ...". If the question and what was done are in separate sentences, use signals such as "We asked whether. ..." (question) and "To answer this question, we. ..." (what was done).

Abstract Writing

- Use **present tense** verbs for the **question and the answer**.
- Use **past tense** verbs to state **what was done and what was found**.
- Use a cautious present tense verb for implications (for example, "may mediate").
- Be careful **not to omit the question**, not to state the question vaguely, and not to state an implication instead of the answer .

Abstract Writing

- Write short sentences.
- Avoid noun clusters.
- Use simple words. **Avoid jargon. Avoid abbreviations.**
- Keep the abstract short.
- Omit less important information.

Abstract Writing

- Omit details [unnecessary details of methods, exact data (give percent change), p values, "significantly"].
- Avoid repetition (use a category term in what was done and name the variables in what was found; state "mean \pm SD" only once).
- Use active voice instead of passive voice.

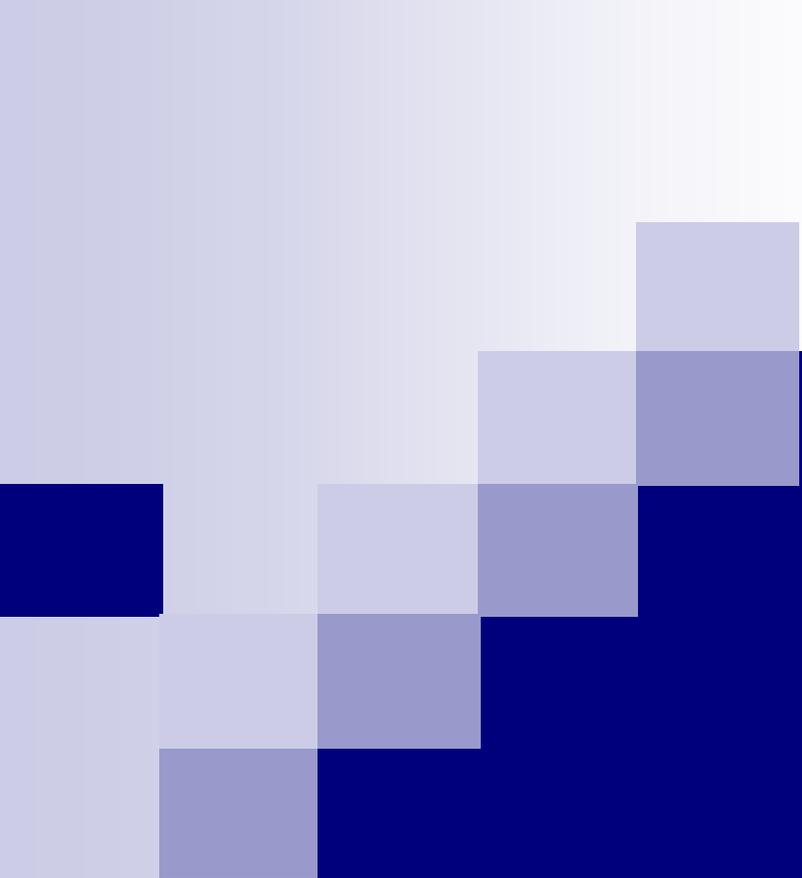
Keywords

- Select terms that you would look up to find your own paper and that would attract the readers you hope to reach.
- Select current, specific terms, preferably medical subject headings (MeSH), that name important topics in your paper .
- Use phrases as well as single words.
- If the journal asks you to supply only terms that are not in the title of the paper, do so
- If necessary, include a term as an indexing term even if the term does not appear in your paper .



Check list for Abstract

- Background, methods, results, discussion?
- Key features mentioned?
- Anything that does not appear in full text?
- Results in words?
- Conclusion: justified? objective?
- Meaningful interpretation
- Follows the guidelines



Notes About Titles

عنوان مقاله

■ عنوان مقاله را هزاران نفر می‌خوانند، در حالی که تعداد اندکی کل مقاله را بررسی می‌کنند. عنوان مقاله در صفحه محتوای مجله و نیز در اندکس‌های پزشکی توسط بسیاری خوانده می‌شود.

■ عنوان مانند تابلوی یک مغازه است و یا محصول یک کارخانه یا مزرعه است و لذا باید جذاب باشد، تا افراد را برای خواندن مقاله جذب کند.

Title

- First & most of the times the **only part of an article** that readers and editors **see and read**.
- Key elements that advertises the paper's contents
 - **Informative** and **Specific**
- Maybe helpful to choose the title **when the paper is complete**

عنوان مقاله

عنوان مقاله باید با حداقل تعداد کلمات و درعین حال به طور کافی بیان گر محتوای مقاله باشد:

❖ کلمه‌های کوتاه انتخاب شود.

❖ مبهم نبوده، دقیق باشد.

❖ کلمه‌های اختصاصی بکار رود.

❖ کلمه‌ها آشنا باشد.

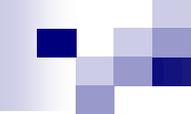


Some exceptions!

Neurology[®] Widely Accepted Abbreviations

The following abbreviations should be used without definition in *Neurology* title and text

AIDS	acquired immunodeficiency syndrome
ApoE	apolipoprotein E protein
APOE	apolipoprotein E gene (usually as <i>APOE</i> gene; italicized)
CI	confidence interval
CNS	central nervous system
CSF	cerebrospinal fluid
CT	computerized or computed tomography
DNA	deoxyribonucleic acid
EKG	electrocardiogram (ECG may mean electrocorticography)
EEG	electroencephalogram
ELISA	enzyme-linked immunosorbent assay
EMG	electromyography



Title

- Short and simple
- State subject, not conclusion
- Include study design
- Include time and place if necessary
- Begin with a keyword
- Avoid abbreviations
- Remove empty phrases such as “ A study of...”
- Use Subtitles (notice number of words) “Exercise and Coronary Heart Disease: Framingham Offspring Study”

عنوان مقاله

■ بهتر است که عنوان با **کلمات کلیدی و اصلی** (Keyword) شروع شود. به عبارت دیگر بهتر است که عنوان شامل کلمات کلیدی و اصلی باشد که بوسیله تعدادی حروف ربط در کنار یکدیگر قرار گرفته‌اند.

- 1- Aortic Stenosis ,Von Willebrand Factor, and Bleeding.
- 2-"Acquired Von Willebrand syndrome in Aortic Stenosis.
- 3-"Risk of Bacterial Meningitis in Children with Cochlear Implants.

عنوان مقاله

■ گاهی اوقات بهتر است که عنوان مقاله به صورت **سوالی** مطرح شود که باعث ترغیب خواننده گردد. اصولاً طرح عنوان مقاله به صورت سوال، یکی از الگوهای عنوان نویسی می باشد.

- 1-" Do Bisphosphonates Make Children's Bones Better or Brittle ?"
- 2-" Use It or Lose It –Do Effortful Mental Activities Protect against Dementia?"
- 3-" Behind the Research : Death by Voluntary Dehydration –What the Caregivers Say ?"

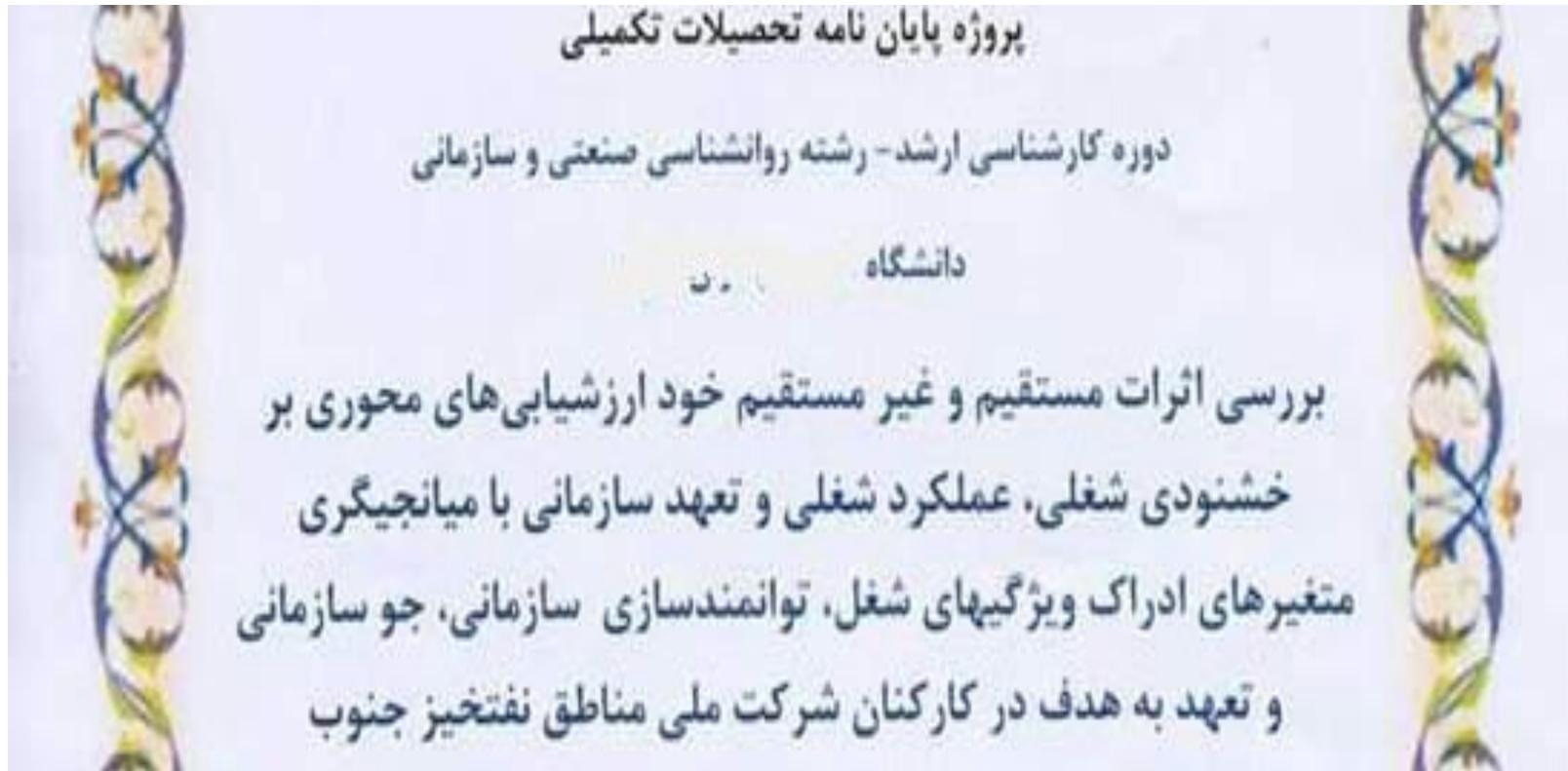
Titles Guidelines

- 1- New England Journal of Medicine:
Concise and descriptive (not declarative)
- 2- Lancet:
Concise but informative
- 3- Annals of Internal Medicine:
As brief as possible while conveying essential features of the article's content
- 4- BMJ:
Keep them concise

Welcome Again !?!



Another Example !!!





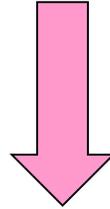
How to Write Introduction Section?



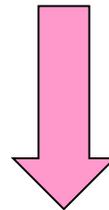
Introduction

- General, concise description of problem
 - background to the work
 - previous research
- Where that work is deficient
 - how your research will be better
- State the hypothesis
- About 3 to 4 paragraphs

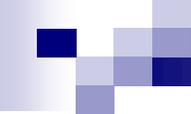
Paragraph1:
What we know



Paragraph2:
What we don't know



Paragraph3:
Why we did this study



Introduction

1. Existing state of knowledge
2. Gaps in knowledge which research will fill.
3. State what you Intend to do & the purpose of article
4. Give pertinent references
5. Summarize the rationale for study or observation
6. Define specialized terms or abbreviations you want to use

Shall we cite anything?

- Common knowledge: knowledge that you find in several sources that are not themselves depending on a single earlier source.
- Common knowledge is ‘common’ and known to many, it is not subject to copyright.
- You don't have to cite “Common Knowledge”.
- Facts that are widely known.



Dealing with Common Knowledge

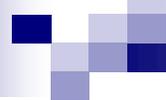
- In general, **facts and information in common use**, which can be verified from several places and are known by many people, are regarded as *common knowledge*.
- This usually includes **facts** available from various secondary sources such as **textbooks, handbooks**, manuals, dictionaries, directories, or encyclopedias.

Examples of Common Knowledge

- Diabetes is related to insulin function.
- Cholesterol is a risk factor for Myocardial Infarction.
- If you see a fact in three or more sources, and you are fairly certain your readers already know this information, it is likely to be “common knowledge”.
- But when in doubt, cite!

How to deal with **Citation**?!

- You are discussing your **own findings, experiences, observations, results, methods** or opinions.
 - *You don't need to give references & citations.*
- Bringing the results of original **research, methods, opinions**, ... from **other scientists'** experiments, etc.
 - *You must give references & citations.*
- You are using ***common knowledge***.
 - *You don't need to give references & citations.*



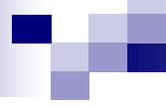
Inverted pyramid

Oxidative stress plays an important role in....

When LDL particles are oxidized ...

Antioxidants are important...

...Paraoxonase...



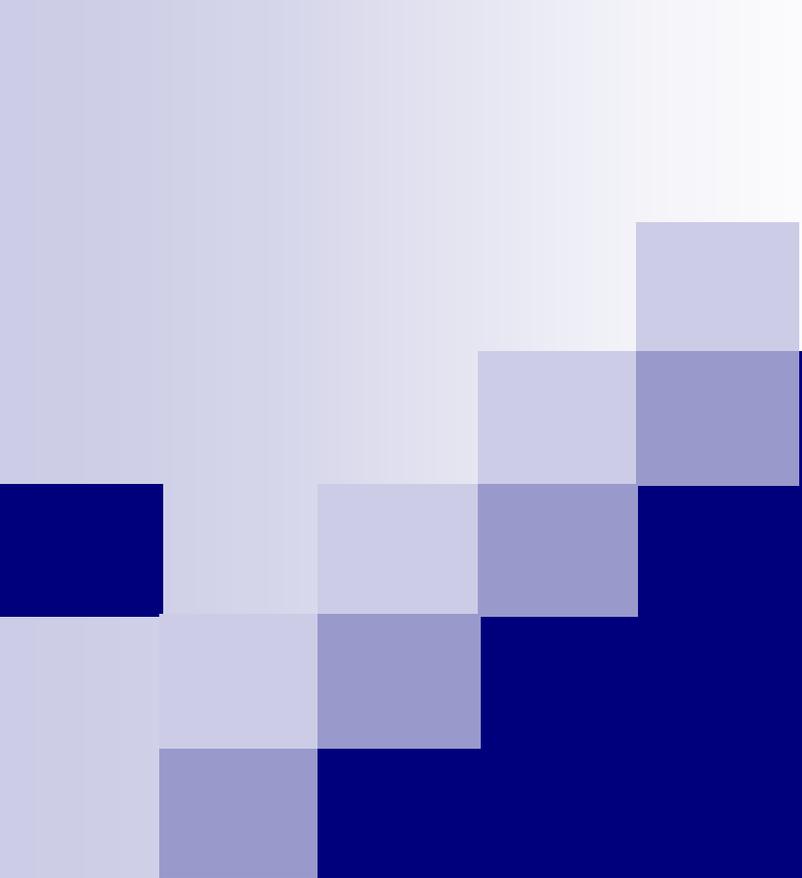
Introduction

- Don't make it a review article
- Don not include methods, results and discussion
- Don't put down every all previous studies & their data gaps
- Don't explain pathophysiology irrelevant to your study



Check list for Introduction

- Is it clear why you did the study?
- How does your study add to knowledge?
- Is criticism justified and gentle?
- What can be left out?



How to Write Material & Methods Section?



Methods

- Allows reader to judge the quality of the work
- Identifies weaknesses
- Allows repetition of the study
- State the study design & specifications

Methods

- WWWWWH (what, who, where, when, why & how?)
- Define variables
- Patient/Participants inclusion
- Dates
- Randomisation/Placebo/Blindness
- Ethics/consent
- Treatments
- Outcomes and endpoints
- Statistical methods & power



Check list for Methods

- Study design mentioned?
- Who, what, where, why, how, when?
- Inclusion/exclusion criteria?
- logical & chronological order?
- Measurements defined? justified? detailed? referenced?



Check list for Methods

- Sample size justified?
- Transformations and statistical analyses clear?
- Any special features?
- New techniques validated properly?

Check list for Methods

- Could the reader **reproduce** your study from the details provided?



How to Write Methods for Interventional Studies?

Methods

- What subjects/patients/animals/specimens techniques were used?
- Reason for selecting the experimental design of the study.
- Statistical methods used for analysis
- The section should be called "**Material and Methods**" only if **inanimate specimens** have been used.

(continue)



Methods

Patient / Animals / Specimens

- Numbers
- Selection Criteria
- How are they grouped (cases /controls)
- Informed consent obtained

Techniques

- Give enough details for readers to assess the validity of the results, and repeat the study
- If standard techniques is used, give appropriate reference, any modifications should be clearly explained
- If drug trial, clear description of trial of **Dose, Shape & Route** of Administration

Abbreviations and Symbols

- Use **abbreviations and acronyms** only if they are **widely known** and not using them could make **reading tedious**.
- **Write in full in the first instance** and **follow** it immediately by the **abbreviated** version or acronym in **brackets**.
- For example, “We contacted the **World Health Organization (WHO)**. The **WHO** provided the relevant information.”

Writing and Reporting Styles

- Be **consistent** with **punctuation**, use **e.g. or eg** (and use the same style for 'ie').
- **Standard unit abbreviations** need not be defined (eg mL and mg).
- Use **one space either side of the symbol** (eg > 100 participants). There should be **no space either side of /** (eg 10/51).
- Insert **one space** between **a number and the unit** (eg 0.4 mg)

Active and Passive Voice

- The **active voice** (eg “two authors extracted data”) is **preferable** to the passive voice (“data were extracted by two authors”).

General Points

Some other notes:

- **p** value (not P-value)
- **SPSS 15** (not version 15)
- **Website** (not web site)

Numbers

- **Spell out** numbers **less than 10 in full**, unless used with units (eg 5 mL) or in a list with other numbers (eg 6, 12, and 24 months).
- Write the **number out in full** if it is at the **start of a sentence**.

Dates

- **Spell** months out in full to avoid confusion between different regional date formats (May 2000; 1 May 2000), and express decades as, for example, 1960s (no apostrophe).

Pharmaceutical Drugs

- Use the **recommended International Non-proprietary Name** (rINN) for all pharmaceutical drugs (and put the specific **brand name in brackets** if needed).

Databases

- Name **DATABASES** in **CAPITAL**:

MEDLINE (not Medline)

SCOPUS (not Scopus)

EMBASE (not Embase)

PsycINFO (not Psychinfo)

CINAHL (not Cinahl)

Presentation of Data

- Different ways to present summary statistics
 - Risk ratio (RR) was 0.14 (95% confidence interval (CI) 0.08 to 0.24) (use this option if the RR and CI have not been abbreviated earlier in the text.)
 - Mean difference 1.11 hours (95% CI 0.98 to 1.20)
 - (Rr 1.02, 95% ci 0.87 to 1.19)

Presentation of Data

- Present results with **two decimal places** (eg p value = **0.05**) unless the number is very small (eg p value = 0.005).

CONSORT Statement

- **CONSORT** stands for **Consolidated Standards of Reporting Trials**.
- It is developed by the CONSORT Group to alleviate the problems arising from inadequate reporting of randomized controlled trials (**RCTs**).
- The website: <http://www.consort-statement.org>

Reporting Guidelines Available:

www.equator-network.org



Enhancing the QUALity and
Transparency Of health Research



EQUATOR resources in
[German](#) | [Portuguese](#) |
[Spanish](#)

Home

About us

Library

Toolkits

Courses & events

News

Blog

Librarian Network

Contact

Your one-stop-shop for writing and publishing high-impact health research

find reporting guidelines | improve your writing | join our courses | run your own training course | enhance your peer review | implement guidelines



Library for health research reporting

The Library contains a comprehensive searchable database of reporting guidelines and also links to other resources relevant to research reporting.



Search for reporting
guidelines



Not sure which reporting
guideline to use?



Reporting guidelines
under development



Reporting guidelines for main study types

[Randomised trials](#)

[Observational studies](#)

[Systematic reviews](#)

[Study protocols](#)

[Diagnostic/prognostic studies](#)

[Case reports](#)

[Clinical practice guidelines](#)

[Qualitative research](#)

[Animal pre-clinical studies](#)

[CONSORT](#)

[STROBE](#)

[PRISMA](#)

[SPIRIT](#)

[STARD](#)

[CARE](#)

[AGREE](#)

[SRQR](#)

[ARRIVE](#)

[Extensions](#)

[Extensions](#)

[Extensions](#)

[PRISMA-P](#)

[TRIPOD](#)

[Extensions](#)

[RIGHT](#)

[COREQ](#)



newsletter



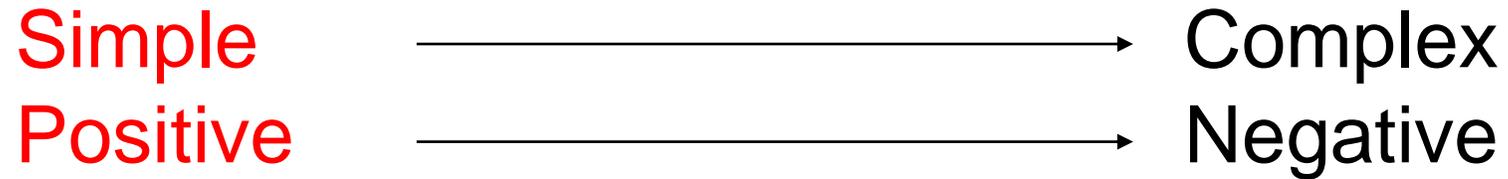
Sign up to receive it here!



Writing Results



Results



- Describe the **population**
- Establish how **comparable** your groups were
- Use a mixture of text, tables and figures
- Mention units of measurement
- Mention what numbers, brackets, etc. refer to
 - $9_{\pm 4}$, 854 (12.3)
- Bring the p values

Results

Provide only enough **interpretation** to lead the reader from one experiment to the other

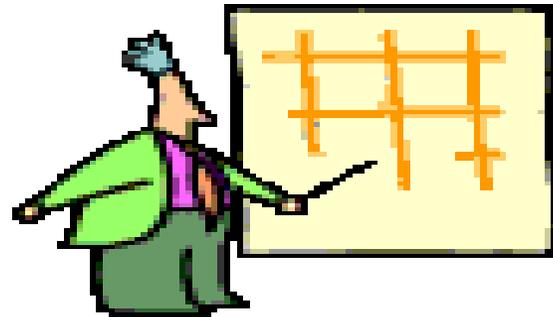
- Avoid lengthy analysis and comparison to the work of others
- No need to follow **chronology of study**
 - Rather, provide a **logical progression** and tell a story

Results

1. Start with **positive** findings.
2. **Do not compare** the present data with previously published results.
3. Write the text of the Results section **concisely** and **objectively**.
4. The **passive voice** will likely dominate here, but you can use the active voice also.

Sample

- "Males (180.5 ± 5.1 cm; $n=34$) averaged 12.5 cm taller than females (168 ± 7.6 cm; $n=34$) in the AY 1995 pool of Biology majors (two-sample t-test, $t = 5.78$, 33 d.f., $p < 0.001$)."



Tables and Figures

- Consider using a table to present **large amounts** of data/results.
 - Must refer to all tables in text.
- Use **figures** to graphically represent *significant* results.

Results

- Use the “Stand alone” tables
- Make sure totals would reach to 100%
- Do not repeat the Tables and Figures in text
 - Summarize: e.g., there were no significant associations...
 - Describe: e.g. there was a three fold increase in the risk of ..

See this table in a **real** paper!

جدول شماره ۱ - توزیع فراوانی ضرورت آموزش از کتابخانه طبق نظر دانشجویان بر حسب جنس

مرد		زن		جنس
درصد	فراوانی	درصد	فراوانی	
۶۴/۷	۳۳	۵۸/۵	۲۴	خیلی زیاد
۳۵/۵	۱۸	۳۹	۱۶	زیاد
۰	۰	۲/۴	۱	کم
۰	۰	۰	۰	به هیچ وجه
۱۰۰	۵۱	۱۰۰	۴۱	جمع

Tables and Figures **Titles**

- Each Table or Figure must include a brief description of the results being presented and other necessary information in a **Titles & legend**.
- **Table Titles** go **above** the Table; as tables are **read from top to bottom**.
- **Figure Titles** go **below** the figure; as figures are usually **viewed from bottom to top**.

Tables and Figures

- Tables and Figures are **assigned numbers** separately and in the sequence that you will refer to them from the text.
 - The first Table you refer to is Table 1, the next Table 2 and so forth.
 - Similarly, the first Figure is Figure 1, the next Figure 2, etc.

Tables and Figures

- When referring to a table *from the text*, "Figure" is abbreviated as Fig., e.g., **Fig. 1.**
- Table is never abbreviated, e.g., **Table 1.**

Figures

- Used when we want to **distinguish** a result & make it **prominent** into readers view
- Figures are **visual presentations of results**, including graphs, diagrams, photos, drawings, schematics, maps, etc.
- **Graphs** are the most **common type** of figure.
- Graphs show **trends** or **patterns** of relationship.

Figures

- ✓ Avoid clutter (too many numbers or symbols)
- ✓ Should provide a **clear statistical message**
- ✓ Vertical (“Y”) axis: **outcome/dependent** variable
- ✓ Horizontal (“X”) axis: **exposure/independent** variable
- ✓ Name & **define** each axis
- ✓ Give the **measurement unit** of each axis

Results

■ Common mistakes

- Raw data
- Redundancy
- Discussion and interpretation of data
- No figures or tables
- Methods/materials reported

گزارش نتایج آماری

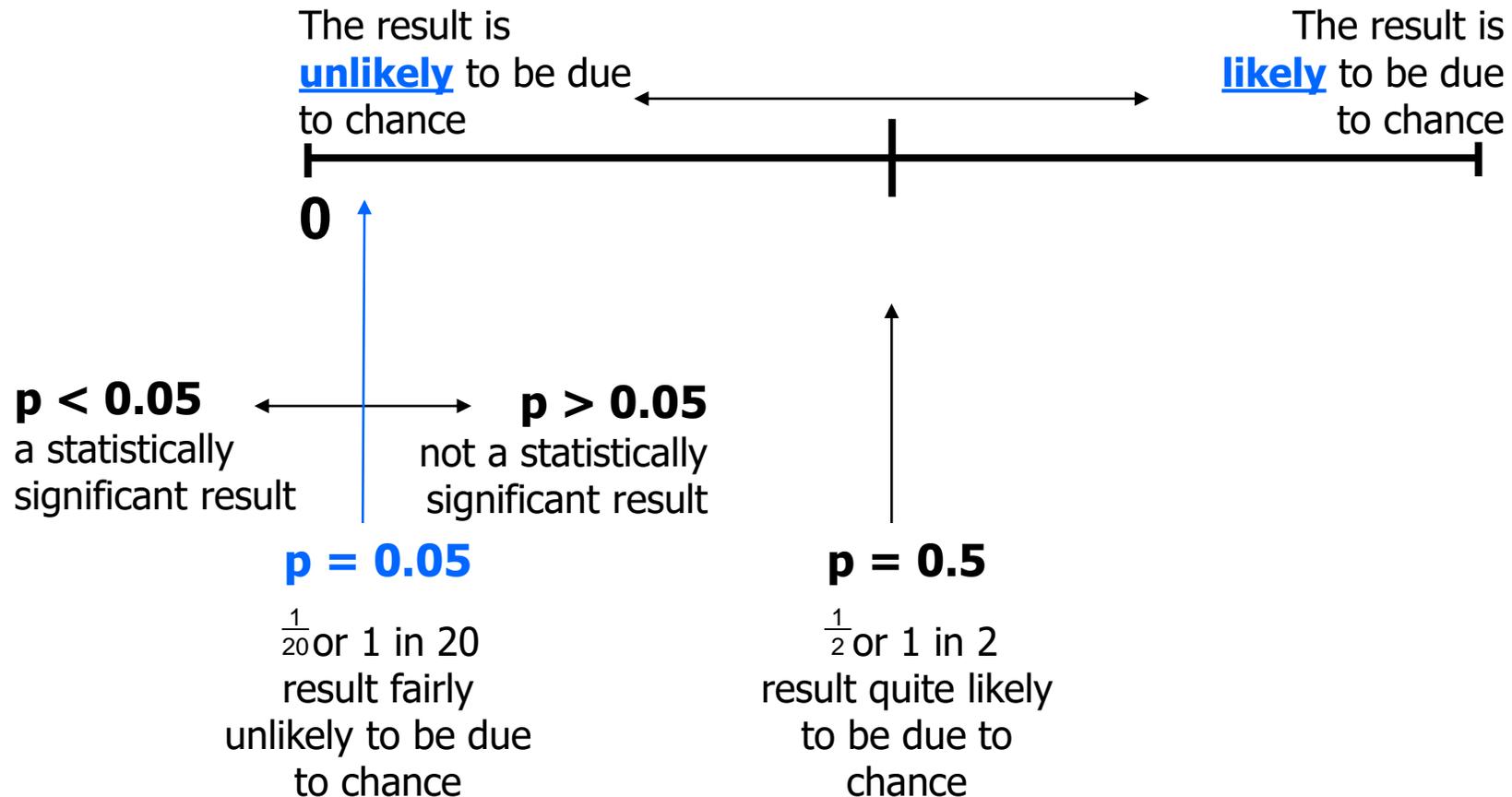
- نوشتن تعداد فراوانی همراه با درصدها وقتی تعداد نمونه اندک است.
- عدم نیاز به نوشتن فرمول‌های حجم نمونه و آزمون‌های آماری
- ارائه پارامترهایی که آزمون شده‌اند مانند میانگین، نسبت یا درصد، ضریب همبستگی، حتی اگر آزمون‌ها معنی‌دار نشده باشند.
- نوشتن شاخص آزمون و مقدار آن همراه با درجه آزادی و **p value**
- نوشتن مقدار دقیق **p value** برای آزمون‌های معنی‌دار و غیرمعنی‌دار (تا دو رقم اعشار)

گزارش نتایج آماری

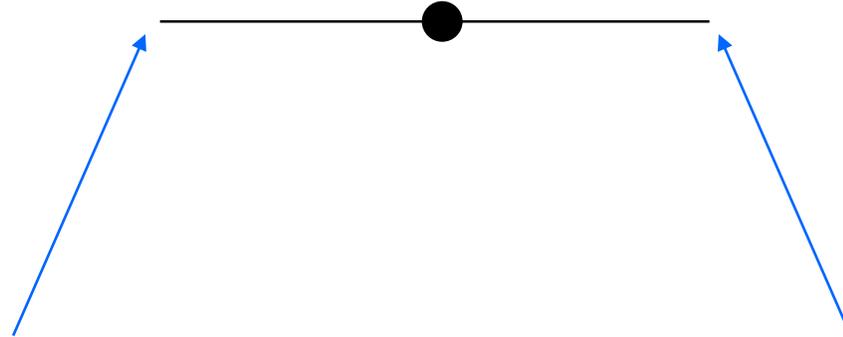
- تعریف کردن علائمی که برای نتایج معنی دار به کار می رود (مانند ستاره) و به کار بردن علائم مشابه
- نوشتن اعداد به صورت گرد شده با در نظر گرفتن دقت داده های اولیه (میانگین تا یک رقم اعشار و انحراف معیار و خطای معیار تا دو رقم اعشار بیشتر از داده های خام)
- درج درصدها تا یک رقم اعشار (گاهی حتی نیاز به ارقام اعشاری هم نیست).
- نوشتن شاخص هایی مانند r , t تا دو رقم اعشار

The p-value in a nutshell

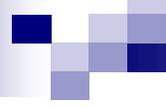
Could the result have occurred by chance?



Confidence Interval (CI)

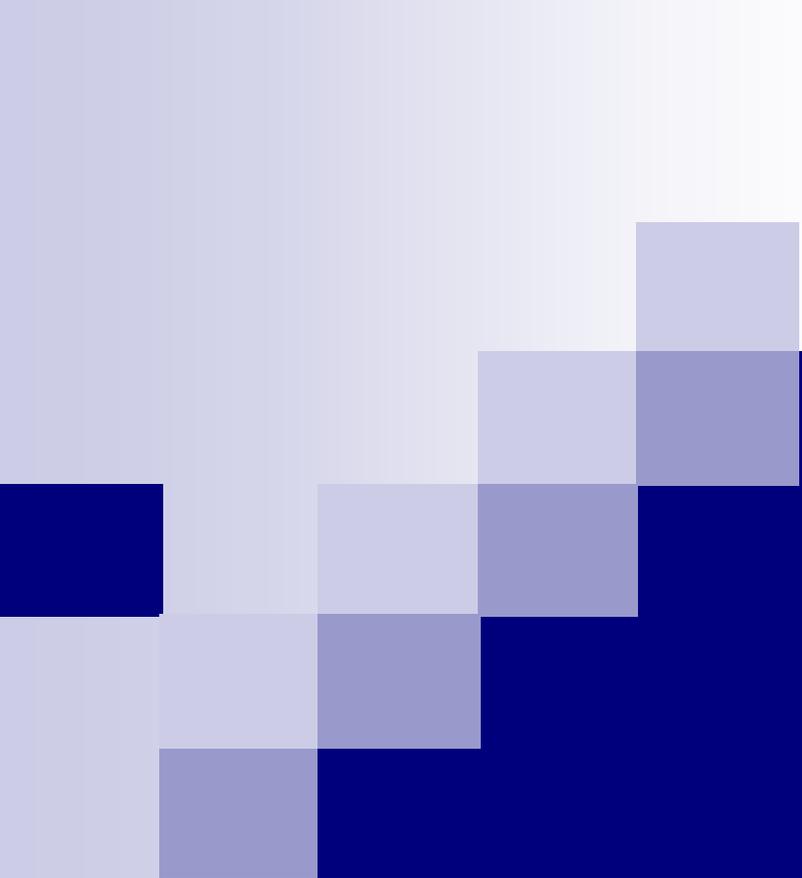


Is the range within which the true size of effect (never exactly known) lies, with a given degree of assurance (usually 95%)



Check list for Results

- Baseline data provided?
- Primary and other endpoints clear and complete?
- Does the text complement figures and tables?
- Are measures of uncertainty mentioned? (SD, SE, CI)



Writing Discussion Section

How to Write Discussion



The function of Discussion is:

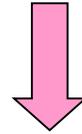
- ❖ To write Briefly & summarize your principal finding
- ❖ Implications of your results for other researchers
- ❖ Interpret findings in light of the literature
- ❖ Reconcile findings with the literature
- ❖ Limitations of your study
- ❖ Conclusions

Paragraphs in Discussion

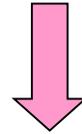
- 1st paragraph
 - Introduce broad Idea
 - State major findings
- 2nd paragraph
 - Explicit rationale
- Last paragraph
 - Conclusion
 - Sugestions



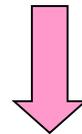
Paragraph1
What did this study show



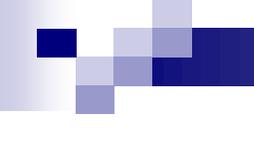
Paragraph2
Strength & weaknesses of methods



Paragraph3 to n-1
How results support or refute current literature



Final paragraph
Impact on current thinking or practice



Paragraph1:

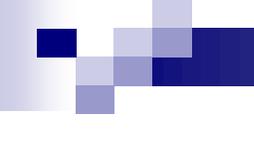
What did this study show

- A brief summary of what you really found and why it was important
- Explain how it will add to current knowledge or change health care
- Good phrases to begin with are:
 - *The results from this study showed that ...*
 - *Our results indicate that ...*
 - *and we found that ...*

Paragraph 1:

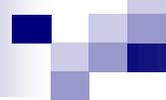
Do not waste entire sentences restating your results; if you need to remind the reader of the result to be discussed, use "**Bridge Sentences**" that relate the result to the interpretation:

"The slow response of the lead-exposed neurons relative to controls suggests that...[interpretation]".



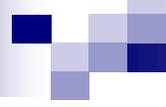
Paragraph 2: Strength & weaknesses

- Be honest
- No research is ever perfect
- How chance, bias, or confounding may have influenced your results
- How you minimized this possibility
- How your research is better than what has gone before



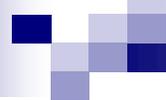
Paragraph 3 to n-1: Compare with current literature

- How your results agree or disagree with other studies and with other related theories
- Compare with highly relevant and scientifically valid studies
- References to the literature need to be both focused and brief



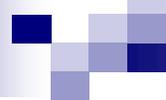
Final paragraph: Implication of your findings

- Never generalize your results beyond the bounds of the type of participants included in your study
- The most disappointing papers are those in which the conclusions are not backed up by the data
- Do not be too tentative if you found a strong association between the exposure and outcomes that you were investigating:
 - *Our results suggest that vitamin consumption could be associated with a decreased risk of respiratory illness...*



Length

- Make the Discussion no longer than necessary to state, support, explain, and defend the answers to the questions and present any other necessary information.
- 7 or 8 paragraphs maximum of three or four sentences each



Discussion

- Construct parallel to results
- Relate your results to the findings of other investigators
- Summary paragraph at end - include significance of results
- Avoid redundancy with results and introduction sections

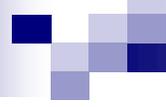
Summary

- Be consistent with target journal's style
- Write about main findings
- Summarize relevant important previous work
- Put your results in context
- Mention doubts, weaknesses, and confounders



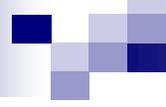
Mechanics of Writing- Discussion

- Construct parallel to results
- Interpretation of data
- Relate your results to the findings of other investigators
- Summary paragraph at end - include significance of results
- Avoid redundancy with results and introduction sections



Discussion

- Do your results provide answers to your testable hypotheses?
- If so, how do you interpret your findings?
- Do your findings agree with what others have shown?
- If not, do they suggest an alternative explanation or perhaps a unforeseen design flaw in your experiment (or theirs?)



Discussion

- Given your conclusions, what is our new understanding of the problem you investigated and outlined in the Introduction?
- Explain weaknesses, shortcomings. Be fair: this will build trust. Don't over-criticize yourself, don't go to unnecessary details.



Discussion

- If warranted, what would be the next step in your study, e.g., what experiments would you do next?



Discussion

- Reverse of Introduction (pyramid)

Good discussions ...

- Address every key finding of the study
- Present the finding in terms of what is known
- State why this study is different
- State why the results concur/ disagree with current knowledge
- **Justify** differences
- Point out future directions/ continued knowledge gaps

Style

- Use the **active voice** whenever possible in this section.
- Be **concise** and make your points clearly.
- Use of the **first person** is okay, but too much use of the first person may actually distract the reader from the main points.

Some notes

- How would you **change your experiment to make it better?**
- What **new questions did this experiment make** you think of?
- If you made **mistakes** in your experimental design, did you **discuss them** and how to **fix it for next time.**

Questions



اگر میل داشتید Email بزنید !

kabiri@tums.ac.ir